## **Portland Twilight**

## Saturday, May 4<sup>th</sup> 2024

## **Tentative Meet Schedule (3/11/24)**

2:00pm	5000m	W	(heat 1)
2:25pm	5000m	M	(heat 1)
2:45pm	4x800m	W	(meat 1)
2:57pm	4x800m	M	
3:08pm	4x100m	W	
-	4x100m	M	
3:12pm		W	(hanta 1 2)
3:17pm	1500m		(heats 1-3)
3:40pm	1500m	M	(heats 1-3)
4:00pm	100H	W	
4:10pm	110H	M	
4:15pm	400m	W	
4:25pm	400m	M	
4:35pm	800m	W	
5:00pm	800m	M	
5:25pm	800m	W	Invite
5:30pm	800m	M	Invite
5:35pm	100m	W	
5:48pm	100m	M	
5:55pm	400h	W	
6:02pm	400h	M	
6:10pm	1500m	W	(heats 4-6)
6:30pm	1500m	M	(heats 4-6)
6:50pm	1500m	W	Invite
6:56pm	1500m	M	Invite
7:02pm	200m	W	
7:08pm	200m	M	
7:15pm	Steeplechase	W	
7:35pm	Steeplechase	M	
7:50pm	4x400m	W	
7:58pm	4x400m	M	
8:05pm	5000m	W	(heats 2-3)
8:45pm	5000m	M	(heats 2-3)
			` '