

# Portland Twilight

Saturday, May 4<sup>th</sup>, 2024

## LOCATION

Lewis & Clark College - Griswold Stadium - 0615 SW Palatine Hill Rd, Portland, OR 97219

## ENTRY INFORMATION

Entries will be accepted based on a performance list and limited field sizes. Entry to the Portland Twilight is not guaranteed. No refunds on entry fees.

Entry schedule:

- Monday, April 29<sup>th</sup> @ 9:00am      Entries and payment due online in Direct Athletics
- Tuesday, April 30<sup>th</sup> @ 5:00pm      List of accepted entries posted on the meet website
- Wednesday, May 1<sup>st</sup> @ 5:00pm      Scratch deadline
- Thursday, May 2<sup>nd</sup> @ 5:00pm      Heat Sheets and Final Schedule posted on the meet website

## PRACTICE TIMES

No practice times are available at the Lewis & Clark meet facility. Please use public tracks (Duniway and Fernhill) in Portland.

## SCHEDULE OF EVENTS

A tentative meet schedule can be found at [www.portlandtracktwilight.com](http://www.portlandtracktwilight.com). A Final Schedule will be posted on Thursday, May 2nd to the website.

## PACKET PICK UP

Packet pickup will take place above the track at the orange tent outside the main entrance into Griswold Stadium on Saturday, May 4th starting at 12:00pm. The Track facility will open to athletes and teams starting at 1:00pm.

All athletes / coaches / staff will be issued wristbands to access the meet. We will not be issuing bib numbers.

## ADMISSION

Admission to the Portland Twilight is \$8 for adults / \$5 for students and senior citizens / and free for kids 13 and under.

## TEAM CAMPS

Please use the bleachers or areas outside of the stadium for team camps. **Team camps are not allowed on the infield.**

## **WARM-UPS**

The turf infield area is the designated area for athlete warmup and cool down. Athletes may also use the track when races are not being contested. **The turf infield area is not for spectating.** Athletes will be asked to move to the stands to watch the meet. Coaches, please remind your athletes of this so that we can keep the warm-up area clear for athletes warming up to compete. Coaches, and team staff with wristbands are allowed on the infield at all times.

## **PERSONAL ELECTRONIC DEVICES (headphones / air pods)**

Personal electronic devices are prohibited in the warm-up and competition areas. **No headphones or air pods allowed on the track or on the turf infield during warm-up / cool down.** This is a safety issue for all athletes to be aware of their surroundings while using a small area for warming up.

## **EVENT CHECK-IN**

Check-in for all races will take place on the infield, behind the timing tent. **Check-in 30 min prior to your race for hip numbers.** All sprint events (those finishing in their starting lane) will be issued one set of hip numbers to be placed on your left hip. All other events (distance and relays) will receive two sets of hip numbers, one for each hip. Clerking will take place at the starting line of each event. Please be at the **starting line 5min prior** to your event.

## **ATHLETIC TRAINER**

An Athletic Trainer will be on site and located at the south end of the in-field near the Long Jump runway.

## **RESTROOMS**

Restrooms, located above the grandstands, will be available to the public. There will also be restrooms available to athletes located outside of the facility next to the 1500m start line. The Pamplin Sports Center will not be open to the public or available during the Portland Twilight.

## **MEDIA / PHOTOGRAPHERS**

All Media and photographers must obtain permitted access to the infield by contacting the meet director at [portlandtwilight@gmail.com](mailto:portlandtwilight@gmail.com)

## **DISCLAIMER**

The Portland Twilight is privately owned and not affiliated with a university. The meet is sanctioned by USATF and all athletes not affiliated with a college/university team will be asked to sign a USATF waiver to participate in the event.